



## HSSE "Message"

### How to Avoid Sunburn:

- **Avoid sun exposure between 10 a.m. and 4 p.m.** The sun's rays are strongest during these hours, so try to schedule outdoor activities for other times
- **Use sunscreen frequently and generously.** No matter what your skin type is, use a broad-spectrum sunscreen with an SPF of 40 or greater, Apply sunscreen generously, and reapply it every two hours - or more often if you're swimming or perspiring.
- **Wear sunglasses when outdoors.** You offer your eyes the best protection outdoors by choosing the highest UV protection-rated sunglasses. Darker lenses are not

necessarily better at blocking UV rays.

1. If you aren't sure how strong the sun's UV rays are, pay attention to your shadow. When it's longer than you are, UV exposure is low. However, when your shadow is shorter than you are, UV exposure is high, so you should try to stay indoors.
2. If you have to go outside when the sun is at its strongest, try to limit the time you spend outdoors. The less exposure you have to the sun, the less chance you'll have of getting a sunburn.

## HR "Tip of the Month"

"Reach out and help others. If you have the power to make someone happy, do it. Be a vessel, be the change, be the difference, or be the inspiration. Shine your light as an example. The world needs more of that."

"Don't judge people on their Religion, Family Or Country they live ... Judge People On Their Nature...!"

"Be nice to people... maybe it'll be unappreciated, unreciprocated, or ignored, but spread the love anyway. We rise by lifting others."

# HR TRANSMISSION



الشركة الكويتية لنفط الخليج (ك.س.ج)  
KUWAIT GULF OIL COMPANY (K.S.C)

"Our way of staying in touch"

August 2018



## The Information Technology Revolution

"If the automobile and airplane business had developed like the computer business, a Rolls Royce would cost \$2.75 and would run for 3 million miles on one gallon of gas. And a Boeing 767 would cost just \$500 and would circle the globe in 20 minutes on five gallons of gas." The equally dramatic changes that the revolution in electronics, computing, and telecommunications has brought about in the way we live and work-and maybe even think, is something that no one would ever expected to reach in very short time. Over the years, technology has revolutionized our perspective of the world. Technology has created amazing tools and resources, putting each person's most useful information at their fingertips.

When it comes to the way we communicate, modern technology has had an impressive influence on communication in the 21st century and daily life in general. Very few students and teachers would disagree with this notion. The advancement in technology has made it possible for teachers to impart knowledge to students from any location. In the past, there had to be a physical contact for any class to hold. Now, there is no specific need for that as both the tutor and the learner can communicate via different media and platforms such as Skype. Digital technology has also changed what people term as 'media.' A media company isn't necessarily a news platform anymore.

## Humor of the Month

A lawyer runs a stop sign and gets pulled over by a sheriff. The sheriff asks for license and registration. The lawyer asks, "What for?" The sheriff responds, "You didn't come to a complete stop at the stop sign." The lawyer says, "I slowed down and no one was coming." "You still didn't come to a complete stop. License and registration please," say the sheriff impatiently. The lawyer says, "If you can show me

A media company is now known as a company that helps pass information across the globe. **The global active web users now near 3.2 billion people.** That's almost half of the world's population. Around the world, two million smartphones are sold every day. The amount of information being shared on social media networks is phenomenal. Social media isn't the only big statement digital technology has made. Neither is social media the only way technology has had an impact in everyone's life. There is also the mobile app store which is an online store for various apps of various functions.

Before the advent of mobile technology, you had to search through a dictionary to understand the meaning of a word. Today, that phenomenon is still preserved, but it is less used by most people. If you have a word you really want to understand, you either check it up on a dictionary app you downloaded from the app store or you just search the internet. Things are that easy with technology. Nowadays, you don't have to ask someone so much about themselves. If you really want to know much about someone's personality, background, and ambitions, all you have to do is enter their name online and scroll through such individual's profile.

You will be amazed by the results you get. Many people go further with the relationship or just quit from there. That's one of the ways technology has changed lives today. The future of technology is even more interesting than what is happening right now. In few years, we will be talking about driverless cars and robots working in factories. let's focus on highlighting the ways technology has changed our lives.

Technology has changed education, changed how we communicate, changed how we pay bills and transfer money, changed how we do things. There are more ways in which technology has changed the way we live. These are just some of the fundamental ways we have been influenced and transformed by technology. The revolutions that will surface in few years to come will far outweigh what has been experienced in the past. In the future, there is the possibility of each housing unit generating its own energy. Technology brings a lot of potentials that will continue to transform the way we live like never before.

the legal difference between slow down and stop, I'll give you my license and registration and you can give me the ticket. If not, you let me go and don't give me the ticket." The sheriff says, "That sounds fair, please exit your vehicle." The lawyer steps out and the sheriff takes out his nightstick and starts beating the lawyer with it. The sheriff says, "Do you want me to stop or just slow down?"

